



AGING SERVICES OF NORTH CENTRAL MASSACHUSETTS

Formerly the Montachusett Home Care Corporation

Behavioral Health Resources

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| <p>Thriveworks, 114 Merriam Ave, Suite 203 – Leominster, MA 978-612-6361</p> | <p>988 Suicide and Crisis Lifeline. Call or text 988</p> <ul style="list-style-type: none"> • Call or text 988 (Veterans: Press 1, Spanish Line: Press 2) • Chat available on 988lifeline.org/chat • Visit 988lifeline.org for additional information |
| <p>Psychiatry and Family Counseling, 25 Mohawk Drive – Leominster, MA 978-810-1100</p> | <p>The Trevor Project - Free, confidential and secure 24/7 service for LGBTQ young people</p> |
| <p>Making Opportunity Count, 49 Nursery Lane, Suite 201 - Fitchburg, MA 978-785-5343</p> | <p>Trans Lifeline - Provides trans peer support; run by and for trans people. Available 24/7.</p> <ul style="list-style-type: none"> • Call: 877-565-8860 |
| <p>Community Health Link – 508-860-1154 – Services available in Leominster and Fitchburg</p> | <p>Nami : 1-800-370-9085</p> <p>handout-navigating-a-mental-health-crisis.pdf (namimass.org)</p> |
| <p>Community Health Connections - 978-878-8100 - 326 Nichols Road, Fitchburg, MA</p> | <p>Resilience behavioral health - Telehealth</p> |
| <p>Counseling Concepts – 978-503-7487 – 104 Whalon Street, Ste 1A – Fitchburg, MA</p> | <p>Grace Aging Services – Telehealth/In home</p> |
| <p>Heywood Hospital Behavioral Health – 242 Green Street - Gardner 978-632-3420</p> | <p>Crisis and Emergency Mental Health Services in Western MA – locations in Gardner.Athol – 978-488-8888</p> |

Disclaimer: This resource comes as a courtesy from ASNCM. You are hereby notified that Aging Services of North Central Massachusetts does not recommend, guarantee, or assume liability for the performance or lack thereof, for any of the resources listed. Compiled by the Information & Referral at Aging Services of North Central Massachusetts. (Updated annually 10/2024)