



AGING SERVICES OF NORTH CENTRAL MASSACHUSETTS

Formerly the Montachusett Home Care Corporation

### **Behavioral Health Resources**

<p><a href="#">Thriveworks</a>, 114 Merriam Ave, Suite 203 – Leominster, MA 978-612-6361</p>	<p>988 Suicide and Crisis Lifeline. Call or text 988</p> <ul style="list-style-type: none"> <li>• Call or text 988 (Veterans: Press 1, Spanish Line: Press 2)</li> <li>• Chat available on <a href="https://988lifeline.org/chat">988lifeline.org/chat</a></li> <li>• Visit <a href="https://988lifeline.org">988lifeline.org</a> for additional information</li> </ul>
<p>Psychiatry and Family Counseling, 25 Mohawk Drive – Leominster, MA 978-810-1100</p>	<p><a href="#">The Trevor Project</a> - Free, confidential and secure 24/7 service for LGBTQ young people</p>
<p><a href="#">Making Opportunity Count</a>, 49 Nursery Lane, Suite 201 - Fitchburg, MA 978-785-5343</p>	<p><a href="#">Trans Lifeline</a> - Provides trans peer support; run by and for trans people. Available 24/7.</p> <ul style="list-style-type: none"> <li>• Call: 877-565-8860</li> </ul>
<p><a href="#">Community Health Link</a> – 508-860-1154 – Services available in Leominster and Fitchburg</p>	<p><a href="#">Nami</a> : 1-800-370-9085</p>
<p><a href="#">Community Health Connections</a> - 978-878-8100 - 326 Nichols Road, Fitchburg, MA</p>	<p><a href="#">Resilience behavioral health</a> - Telehealth</p>
<p>Counseling Concepts – 978-503-7487 – 104 Whalon Street, Ste 1A – Fitchburg, MA</p>	<p><a href="#">Grace Aging Services</a> – Telehealth/In home</p>
<p><a href="#">Heywood Hospital Behavioral Health</a> – 242 Green Street - Gardner 978-632-3420</p>	<p><a href="#">Crisis and Emergency Mental Health Services</a> in Western MA – locations in Gardner.Athol – 978-488-8888</p>