



AGING SERVICES OF NORTH CENTRAL MASSACHUSETTS

Formerly the Montachusett Home Care Corporation

Behavioral Health Resources

<p>Thriveworks, 114 Merriam Ave, Suite 203 – Leominster, MA 978-612-6361</p>	<p>988 Suicide and Crisis Lifeline. Call or text 988</p> <ul style="list-style-type: none"> • Call or text 988 (Veterans: Press 1, Spanish Line: Press 2) • Chat available on 988lifeline.org/chat • Visit 988lifeline.org for additional information
<p>Psychiatry and Family Counseling, 25 Mohawk Drive – Leominster, MA 978-810-1100</p>	<p>The Trevor Project - Free, confidential and secure 24/7 service for LGBTQ young people</p>
<p>Making Opportunity Count, 49 Nursery Lane, Suite 201 - Fitchburg, MA 978-785-5343</p>	<p>Trans Lifeline - Provides trans peer support; run by and for trans people. Available 24/7.</p> <ul style="list-style-type: none"> • Call: 877-565-8860
<p>Community Health Link – 508-860-1154 – Services available in Leominster and Fitchburg</p>	<p>Nami : 1-800-370-9085</p> <p>handout-navigating-a-mental-health-crisis.pdf (namimass.org)</p>
<p>Community Health Connections - 978-878-8100 - 326 Nichols Road, Fitchburg, MA</p>	<p>Resilience behavioral health - Telehealth</p>
<p>Counseling Concepts – 978-503-7487 – 104 Whalon Street, Ste 1A – Fitchburg, MA</p>	<p>Grace Aging Services – Telehealth/In home</p>
<p>Heywood Hospital Behavioral Health – 242 Green Street - Gardner 978-632-3420</p>	<p>Crisis and Emergency Mental Health Services in Western MA – locations in Gardner.Athol – 978-488-8888</p>